

MAY 2020

# ARCADISE EXPRESS

*Monthly Newsletter*

ISSUE 7

THE NEWS THAT MATTERS TO YOU AND OUR ESTATE



# STAY HOME SAVE LIVES

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# - MCST news matters -

Since the implementation of elevated safe distancing measures on 7 April 2020, the Building and Construction Authority (BCA) has conducted checks on over 230 strata-titled residential developments. BCA has so far issued composition fines to one Management Corporation (MCST) and four condominium residents for flouting the COVID-19 (Temporary Measures) (Control Order) Regulations 2020. Read the article by BCA to get the complete news of what we can and cannot do in our estates.



**Disobeying  
'toothless'  
security guards,  
some condo  
residents flout  
mask  
requirement,  
safe-distancing  
rules**

**Residents at 4  
condominiums  
fined for  
breaching  
COVID-19  
regulations,  
including using  
gym and pool**

**MCSTs  
responsible for  
fire safety  
measures in  
condominiums**

SCAN or CLICK



# Circuit Breaker Measures

by NEA

During the entire duration of the Circuit Breaker, many measures are in place and updated frequently. In line with the elevated safe distancing measures due to the COVID-19 situation, please take note of the following updates from NEA on a regularly basis.

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## What you can or cannot do under COVID-19 measures

by YAHOO NEWS

What can Singapore residents do or not do under these new measures? Here is a handy list of FAQs.

SCAN or CLICK





# - While we are at home -



**STAY WELL TO  
STAY STRONG**



by HEALTHHUB

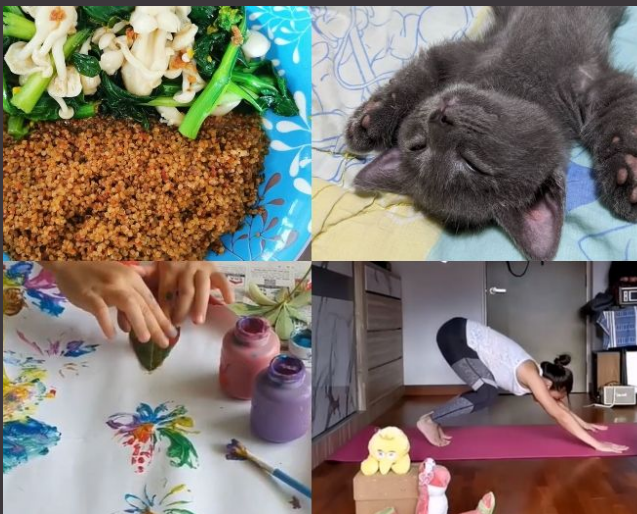
Kickstart your healthy habits today with good hygiene practices, an active lifestyle, a balanced diet and sufficient sleep. From short workouts, to a 5 day workout plan, to preparing healthy meals, to how we can take care of our seniors and finally how we can have a good night sleep to keep our mental state of mind healthy. Everything you need to know is here.



## Creative Stay Home Ideas for you

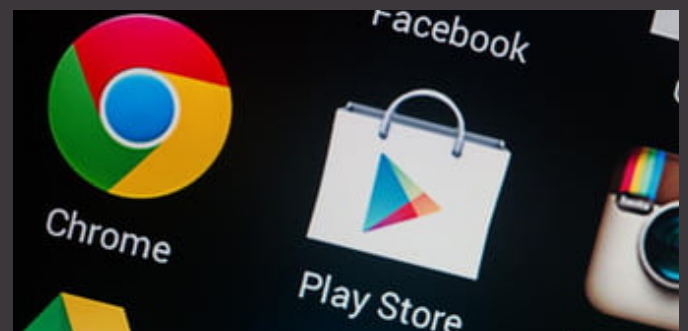


by STRAITS TIMES



## The 10 Most Downloaded Apps & Games on Google Play Store during COVID-19

by  
THE TOOL



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Our unique selling point is that before you engage us as your Managing Agent, we would arrange a simple session with our existing estates Council Members. There is nothing better than hearing from the horses' mouth before you decide to engage Arcadise Property Management. We know, we will win your hearts